

# **BLOOMINGDALE RECREATION**



## **COACHES COURSE**

RUTGERS SAFETY  
COURSE FOR ALL  
COACHES IN YOUTH  
SPORTS



**COACH**

### **Objective:**

- Minimize the risk of injuries to young athletes by promoting safe play.
- Understand basic coaching techniques
- Encourage good sportsmanship
- Communicate effectively with parents and athletes

### **What you will receive:**

- The Coaches Reference Manual 6th Ed
- The Rutgers SAFETY Clinic Certification Card
- Permanent registration with Rutgers Youth Sports REsearch Council

**WEDNESDAY, AUGUST 6TH**

**6:00PM - 9:00**

**\$60**

**973-222-1310**

**recreation@bloomingtonnj.net**

